

Pettistree People A newsletter for all the residents of Pettistree and Loudham

Pettistree Parish Council © Issue 87 June 2020



VE DAY













Pettistree was dressed overall for the 75th VE Day celebrations. Many walked through the village past the bunting bedecked houses and a patriotic horse with a Union Jack to the Greyhound resplendent in its many flags and a Saltire of course. Jim "Mac" Jarvie was there in full regalia and with his stirring pipe music.

Jim and a kilted Ben Beagley walked to Stump Street. They returned accompanied by Darren Tansley, playing nearly all the way. The two drummers and the pipes played to many on the village green Then all dispersed having kept to the two metre lock down rules most of the time.

A thoroughly successful day but we all wished it could have been celebrating victory over Covid19.









































































All told I received over 100 photos, some from unknown residents. That was very pleasing for it demonstrated the co-operation so long evident, and much enjoyed, in our village.

This response necessitated a cull, for many were duplicated. I apologise if some of your photos are not included. The most popular were of Jim "Mc" Jarvie and his drummers. It was good to see their Clans cooperating in producing raucous harmony!

When the Battle's O'er was their theme tune but the battle with Covid-19 is yet to be won. Let us hope we will have reason to fly the flag again soon.

Mike Watts



Parish Council Chairman's Report

This a year that we are all going to remember as a time when all our lives changed and many were put in jeopardy. The **Covid-19 pandemic** has had a huge effect on social life, businesses and the economy of the whole nation. Writing this in mid-May I look back to the 12th March when it was confirmed that the virus was spreading in the UK and we then went into lockdown within a week. It now looks as if the peak of infective and fatal cases has passed but we are still at risk of a second surge if return to a less restricted way of life is too hasty.

The Parish Council has not met since the previous edition of this newsletter because gatherings of any sort have been banned. The AGM of the Parish Council and the Annual Parish Meeting have both been

cancelled until next year. Councillors have not met in person but e-mail communication continues so we can still be contacted if villagers have concerns or need help or advice. Many of the parish councillors have been in self isolation due to being over 70 and/or having medical conditions that prevent them leaving home except on rare and essential occasions. Fortunately, younger villagers have come forward and have been very active in helping those who are keeping isolated.

The prime example of our local community spirit has been the success of the **Pettistree Support Network**. This is described elsewhere in this newsletter but I cannot speak highly enough of the way that Cath Caudwell, ably assisted by Flora Beagley, had the network up and running with its WhatsApp communication system well before most other communities had started. It has proved invaluable for offering or requesting help, spreading news, sharing photographs, stories and jokes, especially for those living alone.

Despite the Covid-19 lockdown EDF has gone ahead with its programme to submit their plans to build **Sizewell C** to the Government's Planning Inspectorate. Many communities including Pettistree Parish Council feel this should be postponed until we can once again join in easier discussions and actual meetings, especially as there are increasing worries about the many energy-providing companies that want to dig up large tracts of our countryside without sensible co-ordination between them. We have never seen any realistic plans from EDF to prevent Pettistree's lanes becoming "Rat Runs" for traffic trying to avoid the inevitable congestion of the B1078 in Wickham Market towards the five-ways roundabout.

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Reflections by Rev. Leslie Siu

When we moved homes to Suffolk in October 2018, we didn't really know quite what to expect. I had grown up in the concrete jungles of Hong Kong and London, and although Meleri grew up in a small village in Lancashire, we had spent our 9 years of married life in cities and large towns. For each of our previous moves, we had a pretty clear idea how long we would be in each place for. Whether it was for study or training, we knew that each stay was time-limited. Coming here, however, was different; we could in theory stay here until retirement! Assuming things went at least reasonably well, our five children would probably remember this place more than any other as their childhood home. All in all, it was an exciting move for us. Amidst all the busyness of planning, moving and gearing ourselves up for a new role in leading the churches of Wickham Market and Pettistree, we came across this phrase: 'Home is where the Lord sends us'. Whatever lay ahead of us in Suffolk, we went in response to the call of Jesus, trusting that He would be in it all.

As I look back over the last 18 months, I am full of thankfulness towards my Heavenly Father. We've been so warmly welcomed into both villages, and the church has been a source of real fellowship and joy. I've really appreciated the smaller communities and the way it facilitates the opportunity to build genuine relationships. The children have valued making friends and getting to know people, both young and old, from within and outside the regular church family. The beautiful setting of rural Suffolk is quite something, and we're so thankful for this world which Jesus has put us in. Because of all the above, we can say that we feel at home here!

But more than all those things above, we as a family feel we are at home because: 'Home is where the Lord sends us'. Home isn't about our physical circumstances, geographic location or material possessions. Home is being safe in the presence and care of an Almighty God who calls us His own. As a follower of Jesus, it's a great privilege to share in the work of God and to share the Good News of Jesus with you, and this is where God has sent us to do that work at this time.

I probably speak for all of you too when I say that 2020 is not what we expected it to be! Some people are thriving in this time - enjoying the slower pace of life and the opportunity to pursue various activities which we had previously been 'too busy' to do. Others are struggling in all sorts of different ways - loneliness, ill health, financial uncertainty, bereavement, and any number of other difficulties. For many, 2020 will be a year of hurt and scars which remain long into the future. Likely, we'll find ourselves experiencing a mix of the two - good days and bad days, bliss and suffering. Whether good or bad, it certainly feels like everything has been turned upside down. But some things haven't changed: the community and people's shared support for one another, the beauty of Pettistree and the surrounding land, and in it all, God the Father, Son and Holy Spirit remains Sovereign and Good.

However you are finding things today, I pray that you're receiving the support and care that you need. As a church, we're here to help. Please feel able to reach out to me, or anyone you know who is a part of Pettistree church. For all the upheaval and uncertainty, we are still invited to look to Jesus and find our 'home' in Him. Maybe this is a good opportunity to explore that, whether for the first time, or after some time away. One way to do so would be to join us for our Sunday Morning Live Streamed Service, meeting online each week at 11am. Details at: www.wickhammarketchurch.org



Big Words and Made up Stories. My Digging for Victory Blog

Yesterday morning, enjoying a restorative cup of tea after doing the daily mountain of washing up with the partner of all my joys and sorrows, he enquired what I was writing about this week. "Floyd, Stein and all those chefs I used to know," I replied.

"But it's VE Day on Friday – what about that?" Quick as a wink, I changed horses in mid-stream, like a young gazelle leaping from crag to crag, very nearly tripping myself up on the similes and metaphors piling up all around me.

VE Day is far too important a milestone to ignore. I've bumped the chefs to next week.

My esteemed spouse is a chemist by profession, but having spent the last 26 years manacled to me, quite a bit of my writing know-how has rubbed off.

"How about comparing World War Two to lock down?" he enquired, drying up a plate.

"On it!"

"You could talk about the similarities between then and now. You know, digging for victory and all that."

"Yes, I could! Good thinking."

Covid-19 has put paid to national plans to celebrate VE Day, but tomorrow is still going to be a big day. Locally, both Pettistree and Wickham Market have plans to decorate and celebrate. Our resident bagpiper, Jim, will be marching up The Street playing, probably in shorts, displaying his handsomely bronzed limbs, and many of us will decorate our houses and gardens. Even in these difficult times, we can all pull together. Perhaps especially now.

Since this all began, there have been acres of newsprint devoted to the similarities between the war and the pandemic. Loss, fear of the unknown, a deadly killer and heroes emerging to keep us all safe. There's been an outpouring of creativity, too, people writing songs, poetry, learning new skills in their enforced quarantine.

Many of us have started digging for victory. A number of our friends locally have dug up parts of their lawn and started putting in potatoes, carrots, beans, cauliflowers, courgettes, tomatoes and suchlike, all of which grow beautifully in our light Suffolk soil. Waste is right down. Every scrap of our household waste (banana skins, orange peel, eggshells, teabags etc) goes into our new expanded empire of compost bins along with grass cuttings and the resulting compost will help our veg to grow.

There is a sense of everyone pulling together in our communities. I am a member of the Pettistree WhatsApp group which is full of helpful suggestions, offers to go shopping, beautiful pictures and inspiring words. One of our number has gone out and bulk bought flags and bunting so that we can all decorate our houses and gardens tomorrow. A lady halfway down the High Street in Wickham Market who has been growing and selling plants for twenty years has made over £400 so far this year which she is splitting between Marie Curie and the Suffolk Wildlife Trust. As we chatted at a safe distance yesterday, she told me how lovely it was that she was meeting so many new people.

I was born to relatively old parents for the time, age 36 and 40, in 1966. There were still bomb sites all over London, gaps in terraced houses and a very real sense that the war wasn't that long ago. Both my parents lived through it as children and young people. My mum told a story about their precious egg ration which sounded like something from another culture at the time, but now makes a lot more sense.

Mum lived with her mother in the East End of Glasgow. Her father was a Captain in the Merchant Navy so was away much of the time. Thursday was the day that they received one precious fresh egg on their rations and Thursday tea time was looked forward to all week. The egg was gently frying on the stove and Mum, aged about 11, left the kitchen to go and lay the table. Suddenly, there was an almighty crash and the house shook. She ran back into the kitchen to find that the ceiling had collapsed, weakened by the



nightly bombardment. You or I would be upset about the state of the kitchen, but the first thing out of my grandmother's mouth was: "Jean! The egg!! Is it all right?" It was duly extracted from the mess, dusted off and enjoyed before the task of tidying up began.

Before the pandemic, I'll be honest. I was careless. I didn't value what I had as much as I should have. I didn't waste food and I wasn't profligate with money - chance would be a fine thing, but I wasn't as careful as I might have been. Since lock down, we have been recycling, re-purposing and re-using like mad. And quite right too. The wartime spirit of, "make do and mend", "dig for victory" and "lend a hand on the land" is back with us, today, in 2020.

So many gave so much to buy our freedom. VE Day is important every year, but perhaps this year, even more so. I will certainly be thinking of all

those who bravely sacrificed their lives so that I could live in liberty and it seems to me that it would be only respectful to continue growing fruit and veg, cutting right down on waste and building on community spirit long after the pandemic is over.

Whatever you're doing tomorrow, join me in stopping to think a while on what they gave for us, and what we in turn can do for our descendants.

Ruth Leigh Thursday 7th May 2020

Ruth has been writing her weekly Big Words and Made Up Stories blog since November 2019.

They are accessed by Facebook and you can subscribe too by adding your email address.

VE Day Celebrations - Lockdown

Plans for the 75th VE day celebration on May 8th had been in place nationally and locally for a considerable time. The British Legion and numerous other organisations had arranged several events throughout Suffolk. The Village Hall had been approached by Roger and Mary Chilvers to host a 40s themed day which would have included a barbeque and music from the era.

However, we along with the rest of the world had our lives dramatically changed with the arrival of coronavirus. It became apparent all VE day celebrations would have to be cancelled. Many residents were keen to mark the day with some sort of event and through the Pettistree WhatsApp group set up by Flora Beagley and Cath Caudwell and the village news email process a number of suggestions came forward.

Houses and gardens started to be decked out with flags and bunting and Dave and I put up flags supplied by Clare Signy around the Greyhound and the Beagley family's red, white and blue socks looked great. Stewart and Louise were really busy supplying their delicious take-away meals.

At 3.00pm I played at the War Memorial "When the Battle's O'er" on the bagpipes followed by "Going

Home" I then met up, social distancing measures in place, with Ben Beagley on snare drum and

Darren Tansley and his bodhran- a hand held Celtic drum- at Stump Street.

It was brilliant to see all the houses decorated with patriotic flags and many of the residents, some wearing 40's clothes, sitting in their gardens drinking tea, or something stronger, and eating home-made cakes. I was not sure what Alan Steventon was expecting but he had a steel army helmet on.

We then payed in Pressmere Road, The Street, Rogues lane, Main road back to The Street. We covered about two miles and stopped and played where villagers gathered in their gardens/ drives.

Other nearby towns and villages had little or no events to recognise this momentous day but Pettistree and friends, with well- timed daily exercise, should be really proud of the lengths they went to, ensuring their efforts made it a truly memorable day.

Remember VJ day is on the 15 August!

Jim Jarvie



The effect of lockdown on Rogues Cottage

We've all felt the effect of lockdown in a variety of ways. Here is my personal perspective:

After staying for their planned weekend over 14th & 15th March, our twin granddaughters went home on Sunday evening as usual. However, they were both asked not to attend school on Monday as Abigail had developed a cough as a result of a long standing cold. Mum and Dad took turns to look after them at home for two days then they came back to us so that their parents could go to work properly. We enjoyed a wonderful Mother's Day with all the family, but it was tinged with emotion at the threat of things to come.

Little did we know that Abigail and Emelia would still be with us 8 weeks later, as of 9th May, with their parents joining us for the long haul when lockdown was announced on the evening of 23rd March – Helen had already packed what she could and arrived at midnight.

Two households, plus the guinea pigs, squeezed into one – we are lucky that we have two 'halves' to the house, so Helen and James occupy the 'north wing' whilst we and the children occupy the 'south wing', sharing the main kitchen and living area. Home learning is now the routine each morning with Granny, whilst Helen and James work from our study; that's out of bounds to the children as they have lots of conference calls and webinars.

Our large garden and the beautiful weather have been our saviours – not once have the children expressed boredom and it is wonderful to see them playing outdoors so much. Nature, in our back garden with the pond and its newts, great diving beetles, pond skaters, water boatmen, caddis fly larvae...., planting seeds with granddad and out on our daily walks is such a pleasure. We've seen the barn owl several times, a muntjac deer in Clock House back garden and bats. We've



all been cycling on our wonderfully quiet roads. Dave, James and the girls have built a 'hobbit house' out of scrap wood and the girls now have a trampoline.

Helen, Abigail and Emelia have painted pebbles to place around the village, Emelia talks to people over the gate or from the window, they have drawn



pictures for people and taken bunches of daffodils to those that needed extra special kindness. The sad thing is they have also had to learn social distancing, they miss school and their friends, they miss their own bedrooms – and now they are making masks to wear.

However, technology has also allowed all of us to keep in touch – Facetime with Nicola and Andy gives us a lot of pleasure as we see what they have achieved in their new home; the family do video chats with their other Nana and Granddad and their cousins too, the girls have virtual violin lessons and I have video meetings with colleagues.

Something that hasn't changed? Dave still manages to chat to everyone walking along Walnuts Lane meaning that getting work done takes even longer than before!



Bellringing News

The bells in Pettistree were restored in 1986, which is when Chris and I, and many others villagers, learned to ring tower bells. We all gathered with trepidation at Ufford on 14th June 1986 to begin our training. We were divided into three groups and we all took turns being instructed on one of three tied bells; a tied bell makes no sound because the clapper has been tied so that it cannot move. I can hear you asking why Ufford? Well at that time the Pettistree bells were at Taylor's Bell Foundry in Loughborough being re-tuned etc and made ready for use.



Going back a little further many of us will remember the project of bell restoration being presented to the whole village at a meeting in the then WI Hut, now Pettistree Village

Hall. A talk about Bells and Bellringing was given by George Pipe, a world renowned ringer from the Suffolk Guild. He was in the band that rang the Pettistree bells in 1945 to mark the end of the war. The meeting was met with great enthusiasm, fund raising got under way and a list of people who wanted to learn was made.

Thus we were sad to hear that George W Pipe passed away on Tuesday 3rd March, aged 84. He was part of the team who helped to teach the early Pettistree band. Although George lived in Ipswich most of his married life he was known worldwide as a fine ringer and taught many to ring across the globe. He will be sadly missed. His funeral was at St Mary le Tower in Ipswich on 27th March. His obituary was published in the current Ringing World, the bellringers' weekly publication, and ran

to five pages, the length of which I have never seen before. It was a privilege to know and ring with George. Members of the Pettistree band rang a quarter peal of Ipswich Surprise and ANZAB* Delight Minor on Monday 9th March.

The Pettistree Band had its Spring Outing on March 14th. At each tower we rang a quarter peal and there was an opportunity for general ringing too. We visited Bredfield, Brandeston, Tunstall and Ufford, with more than 25 enjoying an excellent lunch at The Lion in Little Glemham. We rang for service the next day, and then restrictions began, so no practice on the Wednesday 18th and no service for Mothering Sunday on the 22nd. Although there was no service I played and sung hymns for half an hour in the church. The lockdown was announced on Monday 23rd March and the church was locked! At that time we had been trying to arrange for the clapper on the fifth to be re-bushed. This will involve removing the clapper which weighs between 20 and 30 lbs, taking it to Taylor's in Loughborough, bringing it back and refitting. This too is on hold.

I was elected Tower Captain in November 1988 and Chris was elected as Steeple Keeper in 1990. Since then every Wednesday, when I've not been away, has been devoted to Pettistree tower for two or three hours, followed by a visit to The Greyhound and there's been no lying in on Sundays either. If there was no ringing on the first Sunday morning we supported another local tower to make up their numbers. Whilst I have not the missed weekly cajoling of ringers for Sunday mornings over the past nine weeks, I do miss the camaraderie and the friendships formed over so many years.

*Australian and New Zealand Association of Bellringers



Grow your own bird food for free

During the bird breeding season nestlings need a lot of food but while peanuts and sunflower seeds are great fuel for the parents, chicks needs insects and caterpillars to survive and these days, that food is in short supply.

Blue tits and great tits forage in oak trees looking for bright green tortrix caterpillars which are an easily digestible meal for their young. These contain moisture which is essential for young that are stuck inside tree hollows, (or nest boxes) unable to get to a water supply. And under the trees are the stands of bluebells, and the large spotted leaves of Lords and Ladies that are now producing an amazing unfurling flower spike.

There is also an amazing array of wild flowers growing along the roadside verges. Sprays of the white flowered umbellifer, cow parsley, are coming through to replace the yellow green Alexanders. These plants are packed with beetles, spiders and insect food perfect for wrens, thrushes and blackbirds to name a few. Other jewels are the star-like white petalled Stitchwort, white and red dead-nettles, the pretty blues of germander speedwell, yellow flowers of the lesser celandine and lilac carpets of ground ivy. Each plant supports totally different insects and they are great for our pollinators too.



Blue germander speedwell



Road verges and hedges are the main source of food for birds in the countryside in many parishes, as the fields that cover most of our land are sprayed to kill off insects that could adversely impact yields. So it is vital that wild plants are allowed to grow well into the autumn. Some councils do an amazing job of managing a narrow strip along the roadside edge for traffic during the breeding season, whilst leaving the rest of the margin and the hedgerow intact for wildlife. Others simply create mile after mile of utterly sterile short grass and flailed hedges. This either destroys the nest with the young inside, or forces birds to fly further and further to feed the fledglings leading to nest failures continuing the decline of our once common species.

So can you help our birds make it through this summer? Well of course you can!

UK gardens cover an area the size of Suffolk so if everyone sets aside some wild patches and edges this will make a huge difference. Even a patch of ivy is useful as it is packed with more insects than almost any other native plant or tree. When your wrens, goldfinches and blue tits have finished breeding you can have a late autumn tidy up knowing you have grown your own free bird food – can't say fairer than that!

For a free guide on how to help, download the Action For Insects pack from the Wildlife Trusts here: www.wildlifetrusts.org/take-action-insects

Darren Tansley



Pettistree with Loudham Support Network

Supported by Pettistree Parish Council, St Peter & St Paul Church and Pettistree Village Hall

A reminder of who you can call on and how we can help each other

During this really difficult period of time it is important that we all pull together and support each other. With this in mind a network of people has been set up to help those in the parish who will not be able to access shops and facilities.

If you think you may need help because of self isolation or feeling unwell, do get in touch via the Pettistree.suffolk.gov.uk or by phoning Cath Caudwell on 01728 747170 / 07305 607428 or Flora Beagley on 07580 236231, giving your preferred phone number for contact.

If in self isolation we will of course make sure that helpers keep their distance when delivering items. This can include **prescriptions** as well as shopping for **small scale essential food and cleaning products**.

WHATSAPP

Join our village WhatsApp group and keep up to date and in touch with village people – but do remember that this is open to all members, so conversations are seen by everyone in the group. You will also get a lot of 'pings' on your phone! Just send your mobile phone number to the Administrator, Flora (07580 236231), and she will add you to the group – you will need to download the app for this onto your phone if you don't already have it and then you will receive a simple invitation to join the group.

Pettistree News Email

If you are on the village email 'Pettistree News' do check your junk folder regularly as some people find these emails go into that. If you would like to join this just drop an email to news@pettistree.suffolk.gov.uk another way of keeping in touch with developments. Larger messages will be circulated via this method.

Cath Caudwell

WhatsApp Doc? A brief review

No, not quite the Bugs Bunny saying, just a quick catchup on the success of the WhatsApp telephone text messaging service for the villages of Pettistree and Loudham which we have been signed up to it since the middle of March when we all became beset by the Covid -19 virus.

It is usable with a Mobile phone, iPad, Desktop/Laptop computer allowing the user to send and receive text messages, photos etc to all those who have joined up to the service.

Since its inception there has been an overwhelming response to this service which has been in daily use, especially by those who are in lock down, shielded or self isolated and unable to go out for essential shopping, prescriptions, pharmacy, general help etc., all of which has been executed by a very able and willing group of less restricted villagers and helpers. A simple request such as "anyone going near the Post Office, Paper shop, Butchers" etc has always been met with a positive response and the requirement solved.

On a personal note I would like to thank all those wonderful friends and neighbours who have gone more than "the whole nine yards" in aiding my role as a full time carer.

More than the obvious uses the service has become an excellent village Message Board, for upcoming events, ordering Finish@Home food from the Greyhound, surplus local fruit and veg available, events such as VE celebrations; the possibilities are many fold.

In these difficult times its use as a morale booster with witty photos and ditties, videos and general light hearted banter has been simply immense: 'Laugh and the world laughs with you!' underlining the fact that Pettistree and Loudham cannot be bettered as wonderful places to live.

So a big, big thank you on behalf of the whole village to the instigators and administration of this service which surely must henceforth be a permanent part of our true Suffolk village life.

Steve Wassell



New dwellings in Pettistree A corvid problem

Have Pettistree people noted the increase in dwellings in the village. There are three on our land and two on Green Farm. They appeared in early spring. The building appeared to be a joint effort and they built one at a time. I watched a fourth being started but it seemed that it was not satisfactory, and it was destroyed.

The snag is that all the residents are rooks and make a pretty dire cawing noise that is nearly continuous. There is however nothing to be done as I am sure they have permission of their "parliament". I am not sure if the "court" of crows will have anything to say about it.

Rooks are the second largest of the crow, corvid, family. They are residents in UK but in some countries they migrate. They are distinguished by the grey beak and a bald white area of skin at the base of the bill, and shaggy leggings when on the ground Both Henry VII and Elizabeth I passed laws that they should be killed in the belief that they ate too many farmer's crops. They like nearly all birds are omnivores and do good by eating insect pests. It is worth looking out for a rook parliament when they stand in a circle and seem as if they are passing judgement. The young should

have hatched in April and they can be seen accepting food from the parent birds. In the autumn they young born that spring can be seen swooping and playing in the air during courtship. Once paired up they are said to be monogamous.



Did they move here because their old trees were felled or was it just overcrowded? Is my observation correct that all, not just the pair of birds, helped with building the nests?

Louis Deliss

100 CLUB	1st Prize	2nd Prize	3rd Prize
December	Pat Deliss	Pauline Jarvie	Rita Smith
January	Mary Morris	Martin Corrall	Sue Jones
February Mary Garner		Joan Peck	Olivia Smith
March	Louis Deliss	Tony Franklin	Amelia & Abigail Smith

April hasn't been drawn because of lockdown but will be as soon as practicable.

The new 100 Club year will be commenced once we come out of restrictions so that we can collect the money; this is normally May but won't be this year.



Dance and exercise at VIDA.HAUS

Vida Haus is a new concept space offering movement classes such as yoga, pilates and dance, holistic therapies and a plant based coffee shop. We believe in community and collaboration. We build on trust and compassion. We value integrity and authenticity. We source products with a transparent, ethical background and minimal environmental footprint. Vida Haus is born out of love for sharing.

Faye and Billy met about 7 years ago and even though they were on very different paths at the time, they shared love for dancing, movement and yoga. Years on, Faye moved from London to Suffolk and founded her Dilys Dance Studio which offers ballet and modern dance classes for children. Two years ago, Billy went to India to complete her 200hr yoga teacher training with her teacher Tina Pashumati James who she met more than 12 years ago in Whistler, Canada. When the opportunity of creating a yoga and dance studio at the old Three Tuns Pub presented itself, they both knew that it could become a dream come true. That's how Vida Haus came to life. It is a place where both Faye and Billy channel all they have love for and want to share with others - on the timetable you can see Adult Ballet, Barre Fit, Vinyasa Yoga, Ashtanga Yoga, Pilates Courses, and many more. Holistic therapies are offered in their intimate treatment room and there are comfortable changing rooms with lockers. The space is barefoot and you are invited to take your shoes off when you enter which creates a sensation and comfort of being at home. There are plenty of books you can borrow to read while at Vida and a carefully selected

selection of hand-made goods with transparent background.

The cafe has a modern simple plant based food offering - simple to mean wholesome, fresh and organic ingredients whenever possible. The renowned Robert Grantham-Wise is the chef

behind the taste tingling fusions that come out of the little kitchen at Vida. They offer hot food, cakes, little bites, delicious coffee, turmeric and matcha lattes, an extensive selection of teas. All



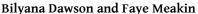
food is prepared from scratch and they are aspired to move towards a zero waste kitchen in the future - there are also glass takeaway containers you can sign out. The atmosphere is welcoming and all-inclusive whether you are just loitering before a class, working on your laptop or just enjoying a brew.

At present, due to the Covid-19 pandemic and the lockdown we are unable to offer classes on site but offer dance, pilates, yoga and exercise classes online for both children and adults.

For information please visit www.vida.haus.

The café will be open on Thursday 28th May for takeaway and delivery.

Studio queries 07881 360191. Café queries 0771 8192888













News from our County Councillor

"I hope that everyone in and around Pettistree is keeping safe and well during these very challenging times. Our usual community meetings, including my involvement with the work of Pettistree Parish Council, have been heavily affected by our mutual need to observe lockdown and support our immediate family and the NHS through the days and weeks of this crisis. Technology is helping us all to keep caring and connected but it will be good when communities can come together again socially without relying on Zoom, Skype or Microsoft Teams! Until then stay safe! Cllr Alexander Nicoll, Suffolk County Council. If I can help please email me Alexander.Nicoll@suffolk.gov.uk

Councillor Nicoll has also submitted his latest report of Suffolk CC activity, which comprises 13 pages so is too long for this newsletter. The main points are as follows-



Call the above number if you require urgent help.

Covid -19 testing site has opened at Park and Ride at Copdock Mill. To pre-book visitwww.thesource.me.uk/ timecapsule

Suffolk Archives wants to record your snapshots of staying at home during the lockdown Contribute on -

www.suffolkarchives.co.uk/life-in-lockdown

Annual financial assessment for those receiving care is postponed

Trading Standards are fighting scams

By email, phone, door step or help offers report them via Citizens Advice on 0808 223 1133

Council continues support to care providers

It also moved quickly to obtain extra capacity in care homes and has sent PPE to frontline services daily.

Keepmovingsuffolk.com is full of local and national information to keep active during the pandemic.

Suffolk CC to offer rent deferral to tenants

98.57% of Suffolk children received a preferred primary school place on 16 April

Council urged EDF Energy to fully consult with local authorities regarding Sizewell C

Local Suffolk Councils take control of parking management from the police.

Ipswich Transport Task Force to improve traffic congestion was postponed

Planning Matters

There have been no Applications or Decisions received during the lockdown in March, April and May



New Haircut for Rogues Cottage

In November 2019 our thatched cottage underwent a makeover, courtesy of Roger Chilvers and Trevor Claxton. Our thatch is water reed,

meaning it lasts longer, if maintained, than long straw, which has a softer profile. However, reed does not bend so straw is used for the ridging. This needs replacing every 15 – 20 years. Roger last did ours in 1998, just a couple of years after we moved to Pettistree, so it was well and truly ready for replacement.

CAT Scaffolding professionally installed the necessary Health & Safety

structure, which required a licence from the District Council as it was on the roadside, and they did come and check it. And so work commenced. Whilst we had scaffolding up we took the opportunity to replace and update our television aerial and cabling – so much better now.

Carefully removing the covering mesh panel by panel – which was later re-used as this was better quality than the modern alternatives – the underlying weather-depleted layer of thatch was removed together with the old straw ridge.

The weather was not always kind but hot cups of tea on the hour certainly helped. It was a particularly rewarding job for Roger who was able

to get up on the roof and do what he is so good at. Roger and Trevor both used their own hand-made tools of the trade, with Roger preparing the hazel broaches, which secure the ridge straw, each day. Trevor travelled down from the Norwich area daily so had to contend with flooding issues and blocked roads on occasion – remember those really

rainy days back then?

Three weeks later our roof was sporting a beautifully dressed reed thatch with a thick crisp ridging of straw. During this period we were approached by a group of local artists who wanted to sketch work in progress, so we welcomed them into our garden. Thatching always attracts admirers and those interested in how it is done so the steady stream of walkers past our house also had a treat to enjoy.

Cath Caudwell









Suffolk Community Hero Nomination.

As Chairman of the Pettistree Parish Council I nominated Cath Caudwell as a "Suffolk Community Hero" to Community Action Suffolk in connection with the Covid-19 pandemic. I had to give brief details and my reasons for the nomination which are as below. The outcome is awaited www.communityactionsuffolk.org.uk/community-hero

"Cath is the organiser of our village e-mail communication system. On 16.03.20 she responded immediately to my request for her help in letting villagers know how they could offer or obtain help during the Covid-19 lockdown announced that day. By the end of the day she had already recruited Flora Beagley, a tech-savvy student; together they set up a WhatsApp group for villagers and those closely associated with Pettistree. We confirmed that the Parish Council were supporting the scheme with the Church and the Village Hall. The next day this was circulated by Cath on the village e-mail system and by 19.03.20 a protocol had been produced for volunteers. The WhatsApp Pettistree Group was in use by villagers to offer shopping and

collection later the same day. On 26.3.20 an attractive printed leaflet was delivered by Cath and Flora to every household in Pettistree. Since then the Group has gone from strength to strength collecting shopping and prescriptions for those confined to home due to age, vulnerability or mobility problems. It has also proved to be a very popular source of information and entertainment for people in lockdown, especially those living alone.

Cath's willingness, speed of response and ability to communicate has been of a very high standard and her Group was recognised as already in operation in a live interview with Cath on BBC Radio Suffolk on 27.3.20. We think this is one of the best and earliest functioning Covid-19 community groups in Suffolk. Cath has achieved all this while accommodating extra family for the lockdown including her seven year old twin granddaughters. She is now helping with our plans for decorating the village to mark VE Day. She well-deserves to be named a Suffolk Community Hero".

Jeff Hallett

District Councillor Carol Poulter's Bulletin

Councillor for the Wickham Market Ward, East Suffolk District Council

The following is an abridged account of her six page Bulletino of 3rd May

Communities and supporting residents

Referrals to the Customer Services and Communities Teams have slowed a little, although a postcard is being delivered to every house in Suffolk next week. This is likely to cause a spike but we hope the "Home But Not Alone" scheme has reached most people.

By 29 April 4365 people were identified of which 1,342 said they needed support with food, prescriptions and basic supplies.

To date £57,000 of the Council's £74,00 Hardship Fund has been allocated to 38 different groups.

For example—In a family of four the wife had to give up work through illness and her husband gave up work to protect her. Both claimed UC but would not receive any money until late April. We sent them two food parcels and some fresh produce and Easter eggs for the children

A man living alone with lung disease waiting for UC payment had spent all his money keeping warm as advised by his GP, and no food. We sent him a food parcel and put £20 on his electricity card.

Continued on page 19

Pettistree People June 2020

Grants, funding and business matters

Business support grants. The Council has paid out £47 m in business support grants to more than 4,100 small businesses, and those in retail, hospitality and leisure sectors. These grants are a lifeline.

Economic recovery. In addition to managing the immediate business impacts of the pandemic we are working closely with other Suffolk Councils and others to produce a County wide plan to enable a swift recovery.

Operational updates

Garden waste. We are looking at ways to resume the service within the coming weeks.

Recycling Centres. Suffolk County Council are to re-on them soon. As the collection authority we hope they will be re-opened soon for the volume of collections in bins has increased by up to 20% in recent weeks.

Civil parking enforcement. From 4th May it will be

focussed on drivers parking on double yellow lines, or causing a danger or an obstruction. There will be new team of Civil Enforcement Officers and an inhouse Parking Services Team to ensure community safety.

Housing

The first major Covid-19 adaptions were completed this week entailing installation of a level access shower ceiling track hoist and widened doors for a severely injured resident who van now be released from hospital.

Environmental Health

The Port Health Service at Felixstowe is busy with imported and exported food volumes remaining strong, despite operational difficulties.

An export certificate was recently issued to a speciality chocolate manufacturer based in Woodbridge, to enable the export of 700kg of chocolates to China.

Capital cities Word search. With apologies to London

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Amsterdam	Sofia	Down
Ankara	Stockholm	Dumb
Athens	Tallin	Earn
Belgrade Berlin	Vaduz Vienna	Enid Gin
Bern Brussels	Warsaw Zagreb	Given Inn
Copenhagen	PLUS	Kin Knit
Dublin	Ally	Lay
Helsinki	Avon	Lion
Kiev	Bar	Loom
Lisbon	Bare	Meek
Madrid	Big	Moat
Minsk	Bin	Mojo
Monaco	Bite	Plea
Moscow	Blast	Rip
Oslo	Can	Roll
Paris	Cite	Rope
	Crop	Rose
Prague	Devil	Rugs
Rome	Dew	Sac
Sarajevo	Dot	Sap

Pat Deliss

Sea Semi Sob Sop Spurn Sun Ton Took Via Wok Zoo



DIARY DATES

We are in unusual times which have resulted in no future planned activities to record—

EXCEPT -

the next copy date for Pettistree People. IT IS 14th AUGUST



We have had the roof of the bus shelter near the 3 Tuns recovered.

Pettistree Parish Council



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Village Hall Booking Pauline Jarvie	745030
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Webmaster webmaster @pettistree Su	ffolk.gov.uk

Your attention, please. The production and publication of this newsletter is undertaken by us voluntarily. We strive to get it out for distribution before the first day of the month but that is dependent upon the receipt of copy in good time.

Send it to ppedit@uwclub.net.

Please note the next copy date in Diary Dates, above. It would be helpful if copy is sent using 12 pt Gentium Basic font.

Thank you. Mike Watts and Pat Deliss.



We are so, so lucky to be able to live where we do. Everyone is friendly, the lanes and paths are beautiful to walk on and I think I echo many when commenting that it has been quite refreshing to take a step back from our normally hectic lives and enjoy what we have. We are still very busy, with

children and extra family around it can't be anything else, but in a different way. We are so thankful that we have our health and our home here in Pettistree.

Cath Caudwell

Pettistree with Loudham Support Network

Generated by the people of Pettistree, for everyone in our parish

When Covid 19 first began to have a significant impact on our country, and it was clear that everyone would be affected, the people of Pettistree reacted quickly. Flora and Darren Tansley contacted me on 16th March, the week before lockdown; who knew that word would become part of our daily vocabulary, to offer their help in any way they could. Managing the village email means I was able to quickly gauge if others would also like to help – a resounding 'yes' was the response. The Parish Council came on board at the same time via Jeff Hallett.

The Pettistree with Loudham Support Network was born with the initial aim of ensuring that everyone in our community could be supported with the collection and delivery of essential supplies and prescriptions, or simply making sure that everyone was coping.

Being a small parish, with just 85 households, means that some of us know most people, so we are already good neighbours to each other. However, we were aware that this isn't the case for all. Flora suggested setting up a WhatsApp group to quickly connect volunteers and to co-ordinate help, and became the Administrator for this. When someone suggested using this as a way for everyone to keep in touch with their community, it was quickly populated and now has 49 members. This is an open forum sharing news, photos, jokes, music, amusing anecdotes and, of course, offering to collect things when going into Wickham, whilst others request help when they need it. It was

especially helpful in preparing for VE Day, when most residents took part in decorating their homes with flags and bunting.

We were also conscious that not everyone would be familiar with IT or Smartphones and wouldn't get to hear about help through emails or phone groups. A leaflet giving contacts and information on help available was quickly circulated to every single house in the parish to ensure no-one was left out. With text provided by myself, the design by Flora, the printing by Julian Hobday at KindWater, thank you again Julian, and delivered by hand by the Beagley family it meant that everyone could be reassured that help was available if they needed it, by telephone or email.

Stewart and Louise at The Greyhound quickly adapted to the situation, initially offering takeaways when the government advised people not to go to pubs, then turning their hands to the Pettistree Finish @ Home menus and the Pettistree Store. Let's just say that Thursday night curries are extremely popular, followed by their regular meals! It is so good that we have that option in our community, giving Stewart and Louise the confidence that their business will continue.

Outside help is always available, with information coming via Community Action Suffolk with relevant surveys and questionnaires having been completed by both Jeff and myself.

Pettistree and its people are very caring and supportive and never has this been more apparent than now – thank you one and all, just for being who you are.

Cath Caudwell



Church News



I suspect that the last few weeks have been the only time in more than 700 years that the Church door has been locked with no one allowed to enter to pray, or simply sit and appreciate the peace of the building. The latest estimate is that churches could reopen during

July as part of the conditional and phased plan to begin lifting the lockdown. The Diocese is examining what steps will need to be taken to do so safely, as they strongly support the Government's approach of continuing to suppress the transmission of the virus.

The church community however has continued to be involved with the life of the villages of Pettistree and Wickham Market. A YouTube service has been broadcast every Sunday from the Vicar's study which has included all his family and the dog! Zoom 'get-togethers' have happened and a special e-mail established for prayer requests on prayers@wickhammarketchurch.org so that everyone can contact the church for support at all times.

If you have any queries or concerns, then please get in touch with, our vicar -

e-mail: leslie@wickhammarketchurch.org

Tel 01728 561572

Maggie Hallett

Continued from page 6 In response to comments from the Government Planning Inspectorate, East Suffolk Council have produced an updated version of the Suffolk Coastal Local Plan which still includes the plan to build 150 homes on Pettistree land adjacent to Wickham Market between the B1438 and Chapel Lane. The intention appears to be to consider the development to be part of Wickham Market with a requirement to use trees and hedges to shield the development from Pettistree despite being on Pettistree land!

On a more cheerful note Pettistree put on a splendid show of home decoration to celebrate the **75**th **Anniversary of VE Day**. This is fully described in other parts of this newsletter but my own survey while exercising on my bike showed that nearly every house had made an effort to decorate. Pettistree has also joined in well with the "**Thursday Claps**" at 8.00 PM for the NHS and other essential service providers.

Keep strong and keep safe.

Jeff Hallett Parish Council Chairman

Pigeon.

Whilst sitting in our favourite tree, my dearest friend and I, We were about to preen, when we heard a big loud sigh.

It was the local farmer, with his hands upon his hips, A frown across his face and some swear words on his lips.

Crops were a little patchy, on this we could agree, But I didn't eat it all, it wasn't only me.

It's hard when one is hungry and the leaves are just so tasty, But I think that we should go now and had better make it hasty.

Olivia M J Smith